

# By the Bay

eat drink relax

## RESTAURANT & WINE BAR

### Light Meals and Treats

(Served until 6.30pm)

#### Ploughman's Lunch £8.95

Man enough to keep any farmer going until supper time!  
Featuring a choice of two local cheeses served with tomato, pickles & baguette.

Choose from:

Somerset Brie, Cornish Yarg, Exmoor Blue or Coastal Cheddar.

#### Baguettes £6.75

Fresh & filling baguettes served with French fries & stuffed with your favourite things.

Choose from:

Cheese & Tomato  
Tuna, Cucumber & Mayo  
Ham & Tomato  
Bacon & Brie (Hot)  
Mediterranean Vegetable & Brie (Hot)  
Roast Beef & Horseradish (Hot)

#### Jacket Potatoes £6.75

Filling & comforting jacket potatoes served with a crispy side salad & topped with your favourite things.

Choose from:

Tuna, Cucumber & Mayo  
Ham & Tomato  
Cheese & Baked Beans (Hot)  
Bacon & Brie (Hot)  
Mediterranean Vegetable & Brie (Hot)

#### Cheese Platter £6.95

Selection of four West Country cheeses, served with tangy chutney & biscuits: Somerset Brie, Cornish Yarg, Exmoor Blue & Coastal Cheddar.

#### Dorset Cream Tea £4.95

Two scones served with butter or cream & jam & a pot of tea or cup of coffee – Perfect!

#### Toasted Tea Cake £1.95

Golden toasted tea cake, oozing with butter.

#### Dorset Apple Cake £4.95

THE local speciality! Served hot with custard, cream or ice cream.

#### Assorted Fresh Baked Cakes £2.95

Choose from our great selection of light as a feather sponge cakes & teatime favourites: Victoria Sponge, Lemon Drizzle, Bakewell Tart, Coffee & Walnut, Chocolate Sponge, Carrot Cake

### Starters

#### Chef's Soup of the Day £3.95

Delicious freshly prepared seasonal soup, served with crusty bread.

#### Lyme Bay Fish Soup £4.95

Chef's secret recipe, served with a crostini, parmesan, a spicy tomato sauce & crusty bread.

#### Moules Marinere £6.95

Plump fresh mussels, direct from the River Teign, prepared the traditional way – in white wine with onions, garlic & cream & served with crusty bread.

#### By the Bay Crab & Prawn Stack £7.25

A house speciality: beautiful hand-sifted crab meat mixed with paprika and mayonnaise, layered with prawns and served with crostini and mixed leaves tossed in dressing.

#### Deep Fried Whitebait £5.95

Served the traditional way with tartar sauce.

#### Tempura Thai Prawns £6.25

Succulent prawns dipped in a light tempura batter and served with a salad garnish and sweet chili dip.

#### Battered Squid Rings £5.75

Served with a sweet chilli dip.

#### Classic Prawn Cocktail £5.95

Layers of tomato, cucumber & crisp lettuce with marie rose sauce & atlantic prawns.

#### Goats Cheese Tartlet £6.25

Served on a bed of mixed leaves, with sun dried tomatoes & a balsamic reduction.

#### Chicken Goujons £5.95

Lightly breaded tender chicken goujons served with a salad garnish and sweet chilli and yoghurt dips.

#### Farmhouse Chicken Liver Pâté £5.95

Served with crostini & red onion marmalade.

#### Bacon & Chorizo Salad £6.25

Pan fried crispy bacon & chorizo on a bed of crispy lettuce topped with croutons.

#### Smothered Nachos £4.95

Crispy, crunchy nachos smothered in melted cheese, zingy salsa.



**Fresh Catch of the Day and mouth-watering Daily Specials always available – check out the blackboards or ask your server.**



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## RESTAURANT & WINE BAR

### The Main Event

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#### By the Bay Fish & Chips ☺ **£9.95**

Not for the faint hearted. Our signature dish is everyone's seaside favourite! Fresh fish in golden crispy batter served with mushy peas & tartar sauce.

#### Seafood Platter ☺ **£12.95**

Breaded scampi, battered squid rings, whitebait & king prawns with mayonnaise & sweet chili dip. Served with a salad.

#### Breaded Scampi ☺ **£10.75**

Served with salad garnish & chips.

#### Luxury Fish Pie **£11.75**

Packed with fresh fish, prawns & boiled egg, topped with mashed carrot, swede & cheese. Served with crusty bread.

#### Smoked Salmon Risotto ☺ **£10.95**

Rich & creamy risotto laced with delicious smoked salmon.

#### Moules Frites ☺ **£13.95**

Mouthwatering mussels cooked in traditional marinere style & served with skinny French fries.

#### 1/4 Pound Burger ☺ **£10.95**

Succulent beef burger, topped with cheese & bacon & served with chips & onion rings.

#### Frampton's 8oz Sirloin Steak **£13.95**

Cooked how you like it. Served with grilled tomato, mushrooms, onion rings & chips.

#### Whole Rack of Ribs **£15.95**

Finger licking good!  
Served with a seasonal salad & chips.

#### Mixed Grill **£15.95**

A mouthwatering plate full of delicious meats grilled to perfection and served with your favourite fries, peas, tomatoes and mushrooms.  
Includes a lamb chop, lambs liver, sausage, bacon and gammon.

#### Gammon 'n' Eggs **£11.95**

British retro at its best! Succulent gammon steak served with egg and pineapple, a seasonal salad and your favourite fries.

#### Chicken Schnitzel **£11.50**

Tenderized chicken breast dipped in breadcrumbs and fried until delightfully golden. Served with a lip-smacking garlicky cheese sauce, fries and a salad garnish.

#### Pasta Cabonara ☺ **£10.25**

Linguini pasta tossed in a ham, mushroom & cream sauce.

#### Mushroom Stroganoff (V) ☺ **£9.25**

Rich & creamy mushrooms nestled on a bed of basmati rice.

#### Vegetable Risotto (V) ☺ **£9.95**

Delicious risotto packed with flavourful seasonal vegetables.

#### Traditional Sunday Roast ☺ **£9.95**

SUNDAY LUNCH ONLY.

A fantastic traditional Sunday roast with all the trimmings available every Sunday. Ask your server for details.

#### Side Orders **£2.75**

Bread basket, garlic bread, French fries, sweet potato fries, onion rings, seasonal selections of vegetables & side salads are always available.

#### Delicious West Country Ice Cream

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Choose from: vanilla, strawberry, chocolate, & mint choc.

**3 Scoops **£3.95****

**2 Scoops **£2.95****

#### For the Kids ☺

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Our chefs believe that the kids should eat the same as Mum & Dad – but in pint size portions! So they have chosen dishes from our daily menu which can be served as child portions for our smaller customers. These dishes are charged at half the price shown & are marked with a ☺.

